

Adventure Awaits at Camp Sabra!




What makes Sabra special?



Camp Sabra is located on a 205-acre wooded peninsula with 3.5 miles of shoreline on the Lake of the Ozarks, Missouri. This natural setting allows campers to get fresh air, sunshine and a chance to explore new experiences—all without phones or other screens! Camp Sabra is a magical and welcoming community—embracing the diversity of our campers and staff. Most importantly, Sabra fosters life-long friendships, encourages social and physical growth and develops Jewish identity and allies.




A typical day at Camp



After breakfast, campers head into their “focuses,” two activities they choose for themselves. After lunch and some down time, they participate in cabin activities designed just for their cabin mates. This way, campers get to do what they already love all morning, and discover new things to love in the afternoon!

After dinner, campers have fun with their age group, doing evening programs that might include Messy Olympics, softball tournaments, or beach parties.



Shabbat begins and ends as a camp family. After Shabbat dinner, our camper-created services are held at our scenic chapel. This is followed by a spirited cheering, dancing and singing celebration. On Saturday mornings, we hold services (after breakfast) at Inspiration Point, and then campers participate in unique activities only offered on Shabbat. We conclude Shabbat with an all-camp evening activity and a beautiful Havdalah service.

Trips are a big part of the Sabra experience, too. Our younger campers sleep under the stars during an in-camp overnight and our oldest campers travel to Colorado! Other groups take river trips on the beautiful Ozark Riverways.



We take our location on the Lake of

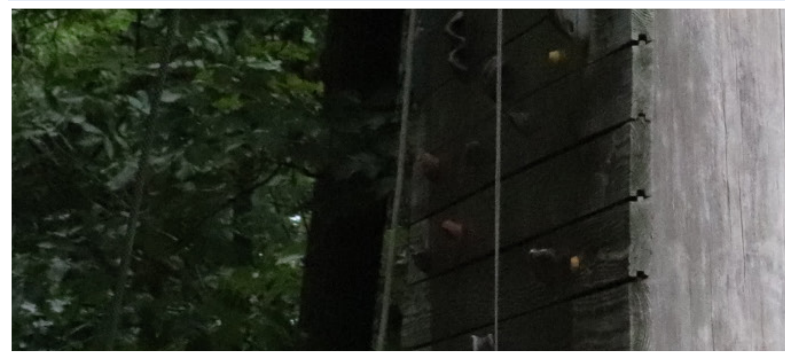
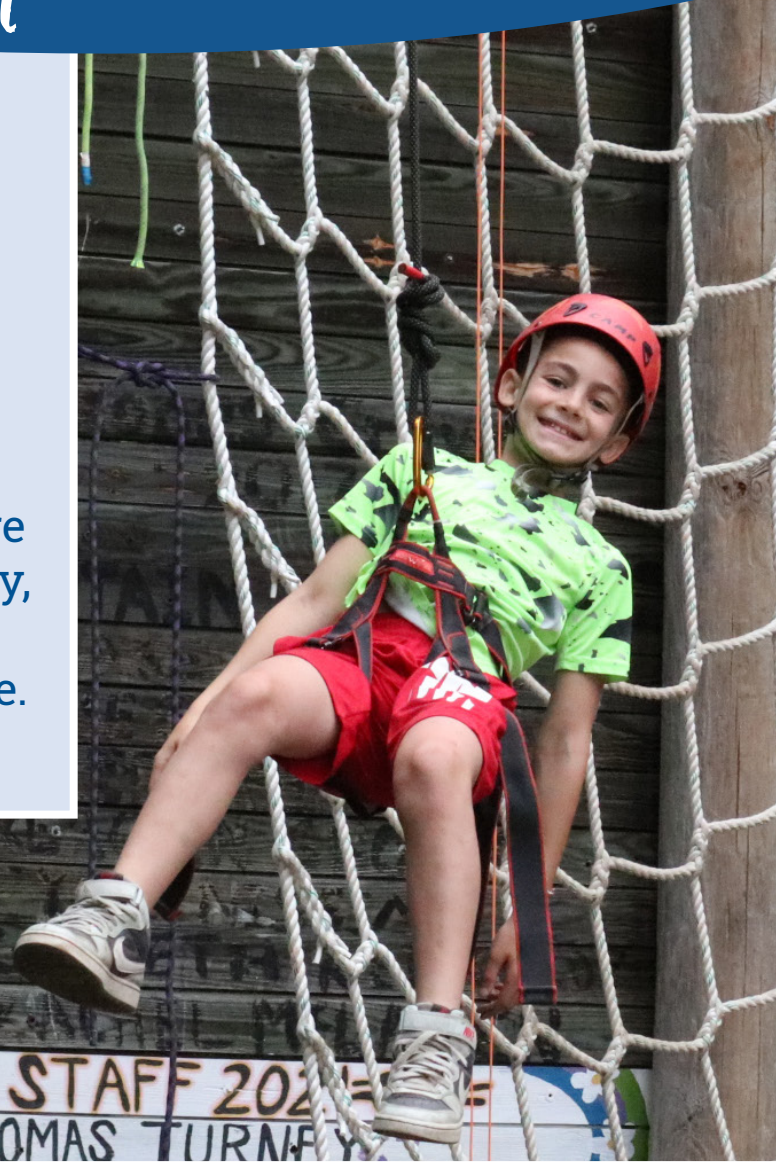


Our unique location on the Lake of the Ozarks gives our campers the ability to enjoy activities they just can't get anywhere else: water skiing, wake boarding, tubing, swimming, sailing, paddle boarding, canoeing, funyaking, a big waterslide and more! Our campers leave with memories that last a lifetime.



At the Ozarks seriously...seriously fun!

Camp Sabra also offers lots of fun off the Lake, too. Campers love our challenge course that includes a zip line, climbing wall, and high and low ropes courses. Campers play gaga (indoors and out), experience Judaics and Tarbut (Israeli cooking, games and dance), camping skills (hiking, fire building and outdoor cooking), archery, tennis, pickleball, soccer, basketball, softball, arts & crafts, theater and more.



Jewish programming at Camp

Camp Sabra is a joyous Jewish community. At camp, kids are challenged to discover the best in themselves and others, and they learn to love being Jewish. Our campers explore their connection to their Jewish identity through creative, fun and enriching programs. From singing, dancing and sunset Shabbat services (camper-created and led) on the Lake to all-camp programs like Maccabia, Jewish programming at Camp Sabra has a special feeling that is experienced throughout the close community.

Jewish residential camps, and Camp Sabra in particular, positively impact campers. We develop future leaders and build Jewish identity and community. Camp Sabra's most recent post-camp survey revealed:

- 80% of families strongly agree that Camp brings Jewish values to life
- 91% of families strongly believe that Sabra creates the ambiance and atmosphere where children are proud to feel Jewish
- 89% of campers reported that Sabra created an appreciation for the celebration of Shabbat



What else should I know?

Where do campers and staff come from?

Our campers and staff come from across the U.S. and the world! The majority of our campers are from St. Louis, Dallas, Kansas City, Houston, Memphis, Denver and Omaha – but others travel from either coast and even internationally! Our staff come from everywhere (including Israel) and 85% are Camp Sabra alumni.

What is your staff-to-camper ratio?

Camp-wide, our staff-to-camper ratio is approximately one staff member for every three campers. There are three or four staff members per cabin, depending on age.

My child has allergies or unique needs – can you accommodate that?

Our camp is peanut, tree nut and sesame seed free. For questions about your particular camper, feel free to contact our Director.

How do you handle medical issues at Camp Sabra?

Camp Sabra has a state-of-the-art Health Center staffed all summer by medical professionals. The health center manager calls every family before camp to make sure that the camper's medical needs are met.

What will my child get to do at Camp?

We have a full menu of activities from which your child can choose. Activities include: ski, wakeboard, tubing, swim, lake trampoline, sail funyak, stand-up paddleboard, water slide, pool, pool climbing wall, zip line, high ropes course, low ropes course, basketball, volleyball, softball, gaga, indoor hockey, dancing, theater, pottery, woodworking, arts and crafts, tripping, nature, archery, tarbut, wacky science, hammock village, Judaics, and more!





We'd love to hear from you!

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