

Masada Packing List

The Masada program is unique and harder, both mentally and physically, than any other unit in Camp Sabra. This information will hopefully allow you to correctly purchase/borrow/bring the necessary equipment. You will/may have questions or concerns, please feel free to call the Sabra office and speak with Asst. Director, Mitch Morgan @314-442-3213

While we make slight changes to the Masada itinerary every year a few things remain constant:

1. Campers need to stay hydrated! 3 water bottles (holding 32 ounces each) is a minimum, we suggest that each camper bring 3-5 bottles.
2. The temperature varies throughout the day and the best way to stay comfortable is to bring and wear layers.
3. It will rain at some point almost everyday. Rain gear is essential and we suggest that everyone not only bring a rain jacket, but a pair of rain pants and a cover for your backpack.
4. We hike and walk a lot in varying terrains. The shoes you purchase for Colorado should be comfortable and waterproof.
5. The sun is strong in Colorado, so pack a hat, strong sunscreen and SPF lip balm.

To sum up:

1. Stay hydrated
2. Dress in layers
3. Bring rain gear
4. Comfortable shoes
5. Protection from the sun

Half of the Masada Unit's summer is spent at Camp Sabra and the other half is in Colorado. Please see the normal packing list to check for items to pack for the IN Camp Sabra half. Below is what you'll need in Colorado.

Equipment:

Mess Kit with utensils

Cup for none water drinks (hot chocolate)

Flashlight/head lamp

Water Bottles (3-5 32oz)

Day Pack/Back pack (should be able to fit rain gear, lunch, sunscreen, water and extra layers)

Coat or warm Jacket

Sleeping Bag (with compressor bag/sack)

Sleeping pad * this is optional

Hiking back pack (should be able to hold items for a 3-4 day trip)

Comforts:

Sunglasses 1

Journal 1

Wrist watches 1

Bug Spray 1

Camera 1

Books/games/music 1

Pillow 1

(all of the above are optional except for sunglasses)

Clothing:

Socks 6

Hiking socks 6

T-shirts 8

Long sleeve t-shirts 4

Undergarments 12

Long pants 3

Shorts (athletic and hiking)	5
Swim suit	1-2
Hat	1
Winter Hat	1
Athletic shoes	1 pair
Hiking boots	1 pair
Sandals/flip flops	1 pair

Health:

Tooth brush	1
Tooth paste	1 tube
Unscented soap	travel size
Shampoo	travel size
Shower Shoes	1 pair
Sunscreen	1 bottle
Towel	2-3